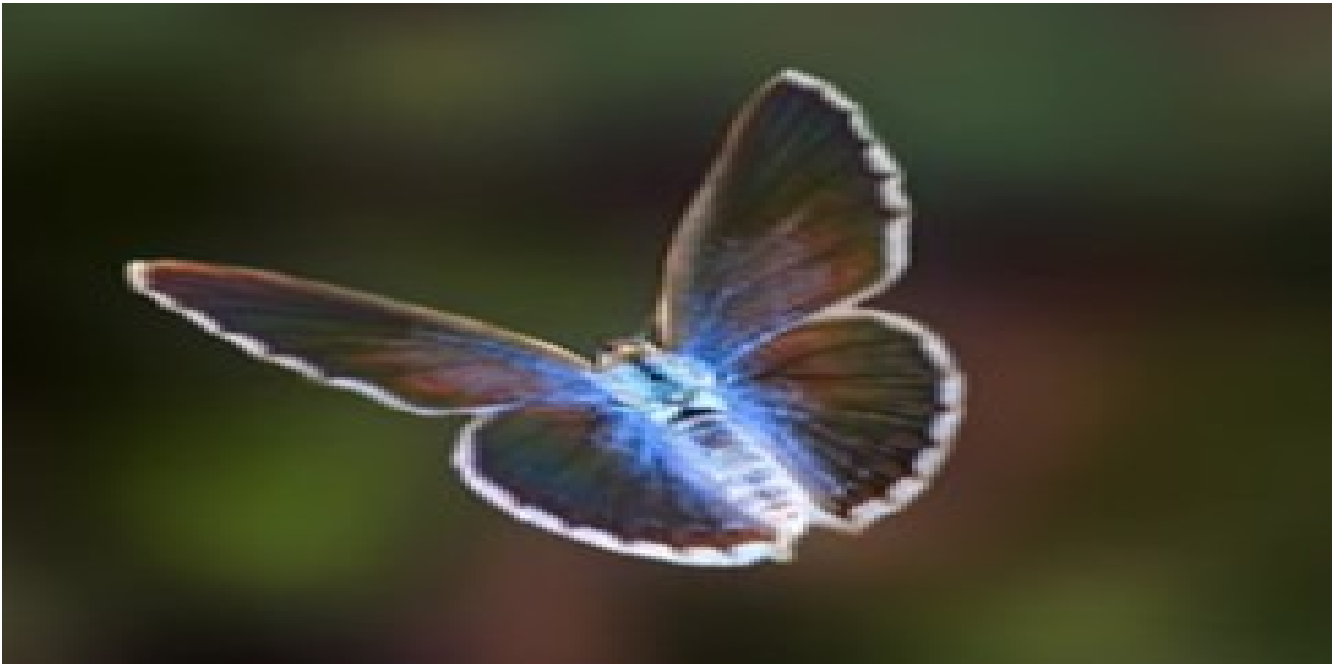


RANDOM THOUGHTS.



Rules to earth's new arrivals:

1. Do not give opinions, help or advice unless you are asked; however it's best not to give it at all.
2. Do not tell your troubles to others unless you are sure they want to hear them for they like a hidden hyena waiting for the kill will twist your words like a knife in your gut against you.
3. When in a spider's lair, show caution and respect you are the fly.
4. If a guest in your lair annoys you, treat her cruelly and without mercy, as a spider drains a fly.
5. Do not make sexual advances unless you are clearly given the mating signal, even then be careful of her baited rape culture trap. Sex is an open Venus flytrap waiting for a fly to destroy.
6. Do not steal; government hates competition.
7. Acknowledge the power of magic if you have employed it successfully to obtain your desires. If you deny the power of magic after having called upon it with success, you will lose all you have obtained. If your secrecy is compromised the curse returns to you in full.
8. Do not complain about anything to which you need not subject yourself. Hand her a tissue and walk away quickly.
9. Do not harm little children, the infirm, the touched or animals.
10. Do not kill non-human animals unless in self-defense or for your food.
11. When walking in open territory, bother no one. If someone bothers you, ask her to stop. If she does not stop, discreetly destroy her before she destroys you; otherwise take her to hell with you.

It is easier to harm another than heal thyself. Vernon Howard.

Sadism is a pathology of the emotional nature in which the sex instinct takes the form of an impulse to inflict pain. Dion Fortune.

Humanity must perforce prey on itself, like monsters from the deep - William Shakespeare

In the end of days humanity will go mad; those who remain sane the mad will say you are not like us then they destroy those who suffer and die for their sanity. Unk. What do you see happening now in CCP USA?

There is no end of time. A long time ago, the people did ALMOST manage to take over, and then bad things happened on earth to those people....what are you seeing now in CCP US? Are you really living on the planet you think you do?

"A man must first of all understand certain things. He has thousands of false ideas and false conceptions, chiefly about himself, and he must get rid of some of them before beginning to acquire anything new. When a vessel is overfilled it cannot add anything new. Otherwise the new will be built on a foundation of shifting sand and the result will be worse than before. To speak the truth is the most difficult thing in the world built of deceit and lies; one must study a great deal and for a long time in order to speak the truth. The wish alone is not enough. To speak the truth one must know what the truth is and what is a lie, [one must know what is to know what is not and vice versa] and first of all in oneself. And this nobody wants to know." ~ G. I. Gurdjieff

"We don't really think that man is that immoral, we don't think that man of his nature would purposely harm via violence...fighting wars and building napalm bombs...so maybe there's something else going on" ~ Michael Tsarion

An ounce of experience is worth a pound of theory. Dion Fortune.

psychic attack causes a mental breakdown, and a mental breakdown lays its victim open to invasion from harmful Unseen forces.

A person's personality is unchanged by physical death; do not feed it!! The physical realm is weak and exists in another neither world realm, in a sea of spirits & beings or the ghosts of earth. Understand this. These beings will accompany your thoughts and try to divert them; thought becomes action, again it is their duty, show respect and that will be recognized by them. Your manufactured perception and conditioning since birth views them as good or evil; they simply exist. Never see them as malicious or evil, they only react to your actions; it is your perceptions that make it good or bad. There is not a force which does not want you to be what you really are, the opposite is true but they also have their tasks that they must fulfill. This is about a material part of you. People misuse this to harm selves and others!! Understand this: human free will is cause for harm or good not the higher beings or The Divine in earthly matters. When men and women are ordered to kill their free will determines whether they do or do not. All responsibility rests with that person's choice. Excuses like the devil made me do it are feeble and playing victim. Each of us owns our choices unintended consequences and all. Blaming the devil or 'god' never excuses the crime. When you lie it is always to self; same for all other decisions and actions. That's the way it works in this physical realm; call it karma, whatever; it all comes back to sender as what s/he puts out into the world. The Divine Law controls what is called karma, but it is much broader and "harsher" than people want to

accept. Example: someone who gets cancer from a lifetime of tobacco use and dies a slow painful death deserves it, via cause and effect karmic action that person is being corrected, it is for his or her good. Sounds "harsh"? That's the way it works. Just because it comes across as negative in this realm does not mean it is negative in the big picture. Blaming tobacco companies does not excuse the individual's actions of free will and free will not to self-harm using their products. The body said 'NO!' the first time a user tried to smoke or use the harmful product. s/he ignored warnings clearly posted on products and elsewhere of the dangers involved doing a certain action. Karma, cause and effect do not accept excuses or blaming; that is perfect justice; something absent in the human form of 'justice.' Same for human love; it is the corrupt version of real love people use to enslave each other. Do your emotional attachments to people blind and enslave you to their real natures, and if so, how much?

Person A - becomes dependent on others, under the name of love

Person B - makes others dependent upon them, under the name of love

Person C - does both

Person D - does neither

Dependency, Co-dependency, Love addiction, martyrdom of all kinds; being overly addicted or love addicted to your children, or to a lover hanging on a 'lover's cross' sacrificing you to others or religions, idealism such as communism, feminism, socialism, capitalism, to idols of money, fame, mammon, etc in any way is self-enslavement via free will and will not. You consciously choose self enslavement to control by others. Nothing will save you except to be true to self and only self.

There are beings that live in this invisible world as fish live in the sea; moreover higher beings exist above this 'sea' as it were; fish in the ocean cannot see birds flying in the sky above them and the sea. There are people with trained minds, or special aptitudes, who can enter into this invisible world as a diver descends to the ocean-bed or an airplane flies among the birds. There are also times when, as happens to a land when the sea-dykes break, the invisible forces flow in upon us and swamp our lives. Normally this does not occur. We are protected by our very incapacity to perceive these invisible forces. There are four conditions, however, in which the veil may be rent and we may meet the Unseen. We may find ourselves in a place where these forces are concentrated. We may meet people who are handling these forces. We may ourselves go out to meet the Unseen, led by our interest in it, and get out of our depth before we know where we are; or we may fall victim to certain pathological conditions which rend the veil. The Threshold of the Unseen is a treacherous coast on which to bathe. There are potholes and currents and quicksands.

There is no gadget or meter to know when a potential psychic or energy vamp is sucking you dry except intuition, a gut feeling of dis-ease...Some ways to sense you are under attack are...

- Feel like shit for no reason; a feeling of dis-ease when around her
- Life starts to suck, for no reason
- Constant anxiety & anger for no reason
- Health suffers, energy is down, for no reason
- You are depressed and feelings of futility abound, for no reason

- Bad dreams, night terrors of being buried alive, suffocating for no reason
- Bad attitude, for no reason
- Attracting obstacles, for no reason
- isolated from friends and family support
- Getting suspicious, for no reason
- Begin to doubt yourself, your faith, beliefs, your destiny, your fate, your sanity, for no reason
- You are blamed and scapegoated for all her problems projected onto you; and you believe her.
- begin self medicating with drugs or alcohol and other self destruction; suicidal ideation as a way out; feelings of being buried alive.

Oh yes, and you believe 'believe the lie' that its ALL YOUR FAULT...perhaps, but maybe there is something else to learn...

Life and all in it just is. There are no real enemies or friends just manufactured perceptions; just people and self interests, interests that others can serve whether by choice or perforce. The lion is hungry; I am food; self interest drives both lion and food; hunter and hunted; eat it before it eats you. Out hide it, out run it, out fly it, out fox it, or eat it first. People are like that too; self interest of the enslaved or exploited and the exploiters; the hunted and aggressor. The perfect slave is one who says, 'I am not a slave.' The fine art of theft and exploitation by taxation is plucking and roasting a goose without protest from the goose; same with roasting exploited taxpayers. There is no good government; one cannot force a hen to lay more eggs; but, you can force the hen's owner to give you all his eggs by violence of law enforced with a sword or gun. Any tyrant or gangster will tell you business is much easier for them when enforcing tyranny by the lie & propaganda backed by a thug holding a gun or sword to the unfortunate person's head and throat.

Beings from the unseen realms are only evil and hostile to humanity when that has been corrupted and perverted by the activities of humanity.

We should not lower ourselves to impute malice or wickedness as a matter of course when we feel we are being victimized. Our persecutor may be a victim. We should not accuse a person of malice if we had chosen to link hands with a person who had stepped on a live rail. Consequences are that we should receive a severe shock. So it may be with many occult attacks. The person from whom it emanates may not have originated it. Therefore we should never respond to attack by attack, thus bringing ourselves down to the moral level of our attackers. Respond by self-defense without adding harm to an attacker. Rely upon more humane methods, defensive protections which are, in reality, equally effectual and far less dangerous to handle. The only good battle is win/win; and that is one never fought at all. Then everyone lives peacefully to see another day.

A sense of fear and oppression is very characteristic of occult attack, and one of the surest signs that herald it. Fear is a physical impulse and the physical is unimportant. We are spiritual beings having a physical experience. When the world ends it is only our experience of the world that ends; not the world.

An approaching occult influence casts its shadow on consciousness before it makes itself apparent to the non-psychic. We perceive this subconsciously before we realize it consciously. Nervous exhaustion and mental breakdown are the common results of astral attack among people.

Evidence of astral attack: odd scratches, bruising on the body, mental fatigue, evil odors of decomposing flesh, feces and cess rot, decay, stench, these are passing without a source, sounds of knocking on a door, bells & clicks, awaking suddenly to visually see shadow beings, ancestral ghosts at night passing through or simply standing next to you sometimes expressionless other times sending thoughtforms of anger, joy, frustration or confused query of curiosity. Sometimes the smells of people you know signal their presence seen or unseen; a particular body or perfume odor of that person or persons; ie: ghost of my mom wearing her housecoat, sweeping, and the smell of tobacco smoke and stale body odor. Often this occurs at night when being jolted awake by their presence and attempted contact. Their mouths move but no sound; ghosts have no vocal cords or breath; if anything is 'heard' in your head as telepathically sent thought forms. Sometimes the beings are not of this earth. Sometimes they are here other times you are there these astral visions vary.

Understand this; the soul has many parts and functions; it is a transceiver and the spring of life, among many other facets. What you say processes to the other side through you as a soul to over-soul and beyond; what comes to you also goes through the receiving you as a soul into the physical part of you; This seems to originate in you both ways. You are the common element to both sides of you as bridge. Neale Donald Walsh's conversations with 'god' series critics blamed his subconscious to conscious as the real conversation. They did not understand how 'conversations' in the physical and spiritual worlds differ when conducted from the physical domain. Conversations between two physical beings are different than when conducted between spiritual and physical beings. New religious fraud of psychotherapy science corrupts this further. When pinned, Freud could not name one instance where a person was cured by psychotherapy, not one! That has not changed. The fraud continues to unravel like an onion. You do not have a soul; you are soul; you are one as a corporeal being in a low frequency experience within the physical plane. A construction of light in matter similar to plants except as a separate order of material hierarchy. All souls are dual; the other part of you is waiting in another realm to unite after you transcend this realm. Twin souls are not romantic mates existing in this realm; they are dual however, but not in the way you have been misled to believe. Two facets cannot occupy the same space in this realm. Your true 'soul-mate' is somewhere else not here. Singularity cannot occupy the same space in a duality realm, never. This realm's twin flame soul mate is nothing but fantasy like the rest of 'human love' that enslaves people.

There is more to man than mind and body. We shall never find the clue to the riddle of life until we realize that man is a spiritual being and that mind and body are the garments of his physical material manifestation.

Suggestion is of three kinds: Auto-suggestion, Conscious Suggestion and Hypnotic Suggestion.

suggestion does not make its appeal to consciousness, but aims at laying its hands upon the springs of action in the subconsciousness and manipulating them from there.

Auto-suggestion is given by another person's conscious mind to a receiver's subconscious mind, ie, mass media conditioning which is believed and internalized by the recipient as belief, self talk and visualization. One must make a mental picture of the thing we want and hold it in consciousness till it begins to sink into the subconsciousness. Note; embedded messages in videos are very effective at

implanting subliminal messages the you don't want. Warning, mind does not work on reverse of an idea; the picture must be a positive reverse of negative. Saying to self I don't believe this message is pointless and counter to your goal. Blank it and change the subject; distraction is effective defense. Law of duality. Never say don't!! The subconscious mind will understand the negative picture, and act only upon it. Never do that," the result will be disastrous in reinforcing what you don't want, for the subliminal self will see the picture and omit the negative, because the word "not" means nothing to it. a nod is as good as a wink to a blind horse. A case in point is jury duty; the two sides tell their lies and expect the juror to be informed when destroying someone's life; that is justice in America. They start out playing with your head. One side says the defendant is guilty; the other side says not guilty; jurors only hear guilty. The mind games lawyers play from there only get worse. Same for the sham of voting in USA; one side slings mud and lies countered by the other. Informed voter is a joke of casting lies at the ballot box for a kakistocracy bad joke on the people. The parties celebrate every 4 years 'we fucked the suckers again as lootership laughs all the way to their Swiss bank accounts with millions in looted deposits.

The old saw never say never comes from this axiom. Picturing and saying I'll never do 'this or that' again only feeds 'this or that' mentally to subconscious as 'I will do this or that' again! Law of attraction and ask and it is received takes over after that, by your command to the subconscious!!! Best to say I did it once to learn my lesson. The mind acts on that much better than on don't or never. We are taught since birth to self sabotage using 'don't' and other negatives which causes our thinking problems sabotaging our lives. To handle the subconscious mind effectually, we must make a mental picture of the thing or action we want done and hold it in mind until the subconsciousness begins to be influenced and takes up the task. Visualization does not work for everybody, you have to reach a certain stage of discipline in your spiritual development. This means living by strict rules, applying them to everything you do in life, in detail. Most humans do not have the discipline nor temperance to achieve that stage. "Visualization" works because it is an essential way of the creational process in this material universe. The Universe is a living entity who uses it's Mind to create and the beings created from that may have that same power to within their boundaries. That is why TV is so effective; visualization repeatedly assaulting people with TV staring at it in a traced state. When addressing Divinity read again be careful to articulate well, do not demand, tell, beg, order, suggest, ask.....which are abhorrences, just state and do your duty. 'Praise and thank you 'divinity name' for 'request' uttering it 3 times mentally then verbally holding a visualization of the request in your mind's eye is effective. YOU MUST BE SPECIFIC. Never demand, beg, suggest, use vagaries, etc. Wishing, hoping, waiting, won't work the divine helps those who help selves by proactively doing. If you are waiting for someone else or deity to do all your work for you, you are failing.

The word "god" is a corrupt term, it would imply that you as a human would have control over the invoked higher being. I would say do not use it, but to do so is your free will and will not choice with consequences.

'The One' residing among the stars contemplating humanity has many manifestations/emanations/characteristics which are present in a hierarchy of beings with different workings but operating together as one. All are incorporeal/immaterial although some may operate bodies in a fashion different to ours, some by lowering their frequency which emanates a form from themselves, which may appear in the material world.

Understand that love attachments always end in hurt; nothing lasts in this corporeal realm. Anyone who has ever lost a pet knows unconditional love and the hurt when separation severs the attachment. All desire leads to attachment; all attachment leads to loss; all loss leads to hurt in this physical universe. Stoics have known this for millennia.

Psychic vampires are immature, irresponsible, entitled individuals who drain others of their vital life forces. ie; the demanding, broken women-child. As men we might feel responsible to such people yet not know why, which usually roots with how mothers conditioned her son's before turning him over to societal matriarchy's cultural conditioning to adulthood. These psychic vampires can be found in all liberal, leftist avenues of society. They fill no useful purpose in our lives and are neither love objects nor true friends. We must rid ourselves of these psychic vampires so that we can devote our time to the people about us who truly matter. Rituals can be performed to rid ourselves of these people and etheric cords of attachment. Focus on responsible, accountable, productive, proactive people; givers not losers: dispatch the useless eaters, takers & consuming parasites draining people, society, nations & the world. Even mythical 'Satan' of this domain gives no quarter to these vampiric leeches at all. They manifest from the third 'dark' evil neither-worlds located on the outer rim of this realm.

'Satan' personification represents man as just another animal, sometimes better, more often worse than those that walk on all-fours, who, because of "divine spiritual and intellectual development," has become the most vicious animal of all! Anton Szandor LaVey.

The Human is the lowest animal. Mark Twain.

Read carefully: When masses are made to believe something negative, they create unintended consequences and unwanted outcomes, which is how for instance the "NWO" like you people name it, works. You believe it is taking shape, so it will take shape and media theorist's are major players in helping to create what you do not want by bombarding you with "facts" that it is happening. Claiming you are giving it more power every day allowing them to control you more... the more people are divided the easier it is to control them...while in reality you are in full control. So the people who are "waking up" to auto-suggested programming are the ones who are creating it. Visualization also works this way; what you envision you create.

Auto-suggestion originates in our consciousness; waking suggestion originates in the minds of others and is conveyed to our minds by the ordinary channels of spoken, visual media or written word; hypnotic suggestion enters the subconscious mind directly, without impinging upon consciousness at all. All politics and media affects your subconscious mind. All media and Politics takes these methods and constantly attacks you with them every day and makes sure they are constantly maintained. The rule is: If promoted/praised/applauded/critically acclaimed/free, be very wary. Be it politics, religions, all celebrity idols, food, medicines, latest technological product, "artist", politician, musician, book, show, beverage, 'romantic relationships,' sex, etc. Some of these allegedly "stand the test of time", that is orchestrated for a reason.

They keep you doped up with sex, religion, [politics] and TV... John Lennon.

Hypnotic suggestion is very sinister; it comes as three kinds: firstly, true hypnotic suggestion, made when the subject has been rendered insensible by magnetic passes or fixation of the eyes on a bright object or when drugged; secondly, suggestion given in all media, as hypnotic media on TV is done with children or in subliminal media playing hidden audio or visual messages nested in the main conscious rendering, in my opinion a most undesirable proceeding; and, thirdly, telepathic suggestion. All these modes of hidden suggestion enter the mind behind the censor; that is to say, they are independent of consciousness, which is neither asked to co-operate, nor has the power to inhibit them. People act on autopilot as it were when responding to these influences. The sleeper agent programmed to awake following hidden messages subliminally planted within. See MK Ultra and many others like it.

Essentially you have been fed lies since birth; Tyranny is rule by the lie;

Food is 1 part of the manipulation, it is used in combination with 6 other methods of control in your daily life. If you can "delete" a few from your life or have less exposure to them, the effect will reduce dramatically, but this is not what will make you more self-conscious. These methods are used to wear you out, lower your quality of life. They are interlinked. The methods are:

1. Food and drinks
2. Medication, "Health care" (include vitamins)
3. Electrical waves (including your PC and cellphone, house electr. network, everything chipped)
4. Media, be it TV-radio-newspapers-magazines-internet (the most obvious method, yet the most enslaving)

5. Music, Sounds (different method than media, used in a different way although most times through the media)

6. Air pollution

7. Education system (including known literature which is mostly corrupt, be it history, psychology, meta-psychology, "philosophy", art, science, poetry, religion, even fairy tales told to infants). Everything you've been taught since birth. Politics takes these methods and bombards you with them every day and makes sure your conditioning is maintained.

CAUTION ABOUT HAVING CHILDREN YOU ARE NOT TAUGHT.

Know the bloodlines of both you and spouse before having kids. Babies are the most selfish and destructive act a woman can do. Many wish never to have been born. You never know what lurks in your family bloodlines, DNA, ancestral wounds from past lives. You were not there but your body bloodline, genes and Epigore were. Epigenetics only now realizes a human is more than blood and genes. Holocaust descendants from the native American and Jewish genocides, among others, carry the sins of those eras in them to ill effect. And pass the sins of their parents and theirs unknowingly onto their children. It's not just sins of the fathers it takes two to create a kid; bloodlines from both side mix in the kid and it passes that onto their kids ad infinitum. Some say 7 generations; facts support this from inception to end of a bloodline. Ever wonder why the so called Elites are so fussy about maintaining their bloodline pedigree? One contaminated person can really mess up a pure heritage. Think about that. Deformed and crippled children is one aspect of the whole horror. ie: a woman from Vietnam or the Mid-east who was exposed to Dioxin, depleted uranium, Bio weapons, etc or whose parents were before she was born is certain to produce deformed kids. These toxins are horrible in what they do to the human genome. Study Effects on Vietnam decades later and what it is doing to children born of contaminated parents exposed to what US did to them; study the veterans subjected to those same poisons producing crippled and deformed kids. Look around in the US at the contaminated military installations poisoning civilians via water, ground, air; study places like USAF plant #4 and former Carswell AFB that dumped, burned toxic wastes into surface, ground waters, soil, burned it off since WW2. Study Treasure Island CA. a former navy base where schools, neighborhoods, hospitals, etc were built atop over toxic wastes like AFB#4. Study the west where US conducted atomic testing which poisoned livestock, people and worse for decades and the diseases inherent to those who live there. US simply studies these lab rats monitoring effects to them. Unless you know for certain that is not in you, reconsider what having a child would mean. Then make a responsible choice and know where it could go: that little bundle of joy you romantically fantasize could be the worst nightmare to you and the innocent child for many lives to come. You own it in toto!!! Human earth is hell; any flavor you choose from biblical fire and brimstone, sulfur and fire as in Mideast, Russian war zone hostilities or addictions to drugs and other poisons, your kids or other people or suffering

chronic diseases too numerous to mention here. The lies conceal this hell with words that jail us like Freedom, Democracy, Blue heaven, earth heaven from birth and on. A prisoner conditioned from day one that he is free soon believes his chains, bars and limits are freedom because he knows nothing else. An old Jesuit maxim; 'give me your child from birth to age 6; after that you can have it back; for I own its mind for life.' Tell a prisoner from day one he is free and that is the only belief he knows. BE-LIE-F is all the person knows. See Plato's Allegory of the Cave written thousands of years ago in ancient Greece. The cave is all you know when all else is absent. People are brainwashed by religion, society, media and our owners that babies are cute, etc, ad nauseam to bromide parental guilt and hide the destruction brought to them being born into this place. Some people are suing their parents for doing this; enslaving them in the cave of hell without consent. Feminists murder these unplanned children in their wombs, which is probably the most merciful of all acts. To bringing a child into a fate worse than death.

The first thing a baby does when born is cry. It does so because the Soul is conscious of what it has been born into the 'physical realm of hell' and is in a state of shock and disbelief; you are more conscious of what you are and where you are during/right after birth than you are now. The Soul makes the body cry because it is the first time it came to this physical realm although this is a very limited number or because it realizes it has returned through reincarnation, after failing in the former life which is a vast majority. The Soul itself is not the one crying, it is unfamiliar with these functions in it's original state, yet the impulses it gives makes the body cry. It cries, screaming in agony and terror "without a reason" for days, weeks, months, until the consciousness has lost it's power," be it through natural processes or the influence of parents and these days even medication... That is when the human is truly born, after they forget who they are, where they are, some forget faster than others. This crying is different to the crying that follows after the first few months, one can even hear it. I have heard and said this many times: Mom, dad, I hate you but I forgive you; you knew not what you did or would have not done it. I did not ask to be born into this shithole hell of humanity. I was nearly 70 before coming to that awareness. In a sad but poetic way maybe the liberated finally got her shit together to be kind after all to her unborn. Religion is very much a part of her brainwashing, telling her she is holy Madonna of mother and child union piety of bringing more souls to 'god.' giving the conjugal acts of procreation a romanticized aura of motherhood as goddess worship.

In most cases, suggestions made in this way are never recognized as coming from outside, but are only discovered after they have matured in the subconsciousness and are beginning to take effect. We do not see the invisible seed, that has been sown in our mind by the mind of another, but in due course consequences wake us to reality. A woman raised in a matriarchy controlled by women of religious influences never sees this coming until too late a rose-shoot scion grafted on a lilac bush merely withers and dies..

You cannot stop the conditioning, nor can you force others to awaken; only knowledge of the truth can set you free but first you must know truth and how to use it as defense against the assaults via free will and will not choices; you must know what is not truth to know what is truth. It is like finding a pepper flake in a pile of fly specks; knowing fake news from authentic truth. When lies bump against truth there is no reaction only action of discarding the false for the real; when truth butts against falsehoods there is a reaction often violent. The older is accepted lies the harder it is to remove them. What do you see dividing the world today; many old lies in modern packages? Nothing is new under the sun except you, but only for a moment. Old, sour & watered, cheap wine in new jugs sold to the new arrivals.

It is possible to reduce anybody to anything provided suggestion or repeated lie has unchecked scope for a sufficient length of time. The purest woman can be made a harlot, the noblest man a murderer under certain conditions. The lie becomes truth.

KNOWLEDGE IS POWER.

As long as the world in general is ignorant of the powers of the mind, it was better that nothing should be said by those who knew and abused that power; therefore to defend against tyranny by lie, develop your mind; learn to think for you; think critically, empirically. Question everything believe nothing but you; the liars scream what will you believe? Those lying eyes, ears and mind of yours or us!! People were tortured, murdered, and more for choosing freedom over tyranny of the lie. This still goes on in the war waged by all 'isms,' religions, politics, most everywhere on the prison planet. But an inmate can choose how to think, talk, walk in the yard, what to eat, how to sleep in a myriad sundry free will choices in a world constantly seeking to take away those freedoms. This has been said before: e. e. Cummings said, 'the hardest part of my life has been being 'me' in a world seeking to make me as it is..... And so it is.

Any message to the subconscious mind must be couched in very simple terms, because subconscious thought is a primitive form of mentation, developed before spoken language was known to mankind. The primary aim of the suggestion is to create a mental atmosphere about the soul of the person, whether that person is to be attacked or healed, until a sympathetic response or reaction is elicited within the soul itself. (I use the term soul to include both the mental and emotional processes, but to exclude the spiritual ones.) Once this reaction is achieved, the battle is half over, for the gate of the city has been opened from within, and there is free ingress of the Trojan horse corrupting the subconscious mind. That is how our owners and controllers infect us with their destructive programs. The mind drops defenses to subsequent attacks until there is none at all. That's why these birds want your kids at the earliest stages of childhood. These Comprachico's or child deformaters destroy a healthy mind to

install a conditioned deformed unhealthy no-mind. Comprachico's come in all guises: all education, conditioned parents, all institutions, society, all religion, government, industry. Very few area of this world remain untouched; those are being continuously destroyed systematically. Aldous Huxley's Brave New World foretold of this in the early 1930's. The world today is a mix of Orwell's 1984, Huxley's BNW, Ray Bradbury's Fahrenheit 451.....all written in the early 1900's with 1800's authors like Orson Wells 'The time Machine' and more mixed into the cake. These futuristic writers saw all this coming. Few could think outside the box created for them to believe it.

The institutions and people running them wear down their victims through constant repetition of lies. Bernays perfected this ploy to a fault. Those who followed him simply refined what he created targeting useful idiots who believe and follow anything. When a person is neither smart or strong enough to think for self; she will follow anything. ie: it was Bernays who proved that in convincing women to smoke tobacco. He used her childish defiance common to a two year old toddler to do it. Rebel ladies light up your freedom torches. He paralleled the women's movement hysteria in selling women a lethal ideal. She fell right in line with marches solely to smoke in a group attracting attention to the group. Tobacco sales skyrocketed. So did women's health issues; welcome to the cancer ward ladies. More parasites followed the pied piper pack for the rest of her life, and of those lives living the lies that followed her; who is the greater fool? The pied piper fool who sold her out or those who followed her? When Ms. Pavlov rings her bell it's the women drooling. Women once had a decade or more longevity lead on men; she died decades later than men. Now she does not have that edge and it actually grows worse; sickness and death from tobacco and related health issues resulting from her free will choices are killing her faster than men. Fewer men smoke. More women by choice smoke than men; as her free will choice. Sadly she believes the Faustian contract with evil was her idea as an emancipated woman; she only moved from freedom wandering in the open yard into the hospice cell of her prison; evil will arrive for her soul at the appointed time. RIP.

Beware of past life recall. Learning about your ancestors is not that; knowing insanity, persecution as a witch, a Jew, American Indian, black slavery, or other genocides, atrocities existed to your ancestors can help deeply in understanding the not understandable in your heritage. But getting too deep in past life recall can cause great difficulty and pain; you could awaken a monster within without realizing it until too late. My ancestor's scream and I hear them. When viewing the genocidal atrocities over the last century I realize my ancestry went through hell on earth; it affects me strongly, especially what the USA is heading for embracing the monster of communism while ignoring history past and present. Facts and warnings abound from immigrants to this country from Vietnam, China, Russia but few heed them especially the young. They have no skin in this yet, yet, and it is their future. My days are at an end but their time is just starting. H. G. Wells wrote the future is a jack boot stomping your

face in.' Liberty under a jack boot is their future and these kids chose it. The move by useful idiots to disarm Americans is foolish; our fore-mothers and fore-father framers of USA knew tyranny and that is why they protected our ability to defend against people like useful idiots who bring in genocidal tyranny as a better way. ie: ALL POLITICAL POWER COMES FROM A GUN BARREL. THE COMMUNIST PARTY MUST COMMAND ALL GUNS SO THAT NO GUNS CAN NEVER BE USED TO COMMAND THE COMMUNIST PARTY. CCP, MAO ZEDONG NOV 6, 1938. Nazi's and Soviet's advocated the same tyrannies. Mao took his another step further. USA preceded the whole lot in genocide of unarmed Native Americans. Gatling guns against sticks and stones was no fair fight. 180-220 million NA's were butchered between 1492 and turn of 1900's; survivors were herded into the deserts to perish on reservations unfit for anything but Gila monsters, scorpions and rattle snakes that lived there. Like the buffalo, NA's were hardier than the colonist's expected and rebounded in numbers never to former glory. My days are few, when my ancestors call, I understand and heal what is possible before passing the torch. That is my reality as personal sacred truth & task here. I owe them that much they made me what I am in this material world. So did yours and everybody elses.

Knowing an eccentricity runs in a family bloodline is useful because often these wounds are inherited by descendants. An ancestor unfortunate enough to have been institutionalized or burnt as a heretic, a witch, or other sedition holds clues to the odd things that surface in our lives that intergenerational trauma can release when triggered. Study the wealth of materials about transgeneational wounds among Jewish holocaust descendants. You will learn much about where to start and what to look for in your life & family history. Listen to your intuition, your ancestor's are calling! They speak in your dreams, too. Talk to family elders if you are lucky enough to still have them if you ever knew them at all. All this white privilege is a bad joke for my ancestral bloodline is just as black and the black nation's just in smaller amounts. Just for starters, ever hear of black Seminoles or Pequots? Moreover, Cherokees ran the underground railroad helping escaped slaves elude capture during a time when the red nation faced genocide. Many escaped slaves loved our culture so much they intermarried into the tribes and stayed as family. Study hisory and learn the truth not told in collectivist education systems. Learn the truth about Thanksgiving for example. It was not a covenant between red and white blood brothers and sisters; it was a massacre by colonists of red tribes stealing winter stores from them.

Ancestral wounds are also come as mental & physical stigmata. For instance, after an extremely traumatic series of events I developed burns on over 60% of my body. Very painful. Dermatologists treated it as 'psoriasis' the type that kills people. Doctor's don't know they keep making mistakes until one kinda sorta works, give up then dump the lab rat onto someone else to experiment on while milking insurance companies; kinda like the psych headshrinkers do; yep even went there without luck. When sent there you know mainstream MD's are out of profitable tricks & treatments. The areas were like severe burns; felt like a burn, looked like a burn, in areas where one burnt at the stake would scorch before finally dying. Those violent

traumas carry from the physical realm into the higher egregore spiritual realms of a family egregore to carry onto a family line; science calls it Epigenetics. Our ancestors passed this on from wise elders to up and coming descendants for posterity of a tribe. Assimilation has all but destroyed that and science is retarded about learning such things. Epigenetics is one such instance of retarded science, which is simply a new white coat hidebound scion of that old time constipated religion and about as useless. During the black plague people with skin problems were burned as witches because superstition fear and hysteria often fanned by the church was very high. The 7th seal a very old foreign B&W film starring Max Sedow is a good one to watch for an idea of what I write. It is quite factual in myriad ways of the religious persecution during the plague era. Men and women were burned at the stake together as witches. Current fake news would have you believe only women suffered as witches and burnings. Study 'Auto da Fe's' held by religious and govt's under church control to entertain the public; like public hangings and lynchings are to US history, to learn the truth. Human rabble are some sick puppies, I tell ya. Moreover, my ancestry spans persecuted native American genocides when many red people were hung, shot, burned and more in an American genocide that lasted 500 years. Native Americans remain the most persecuted people in the world. US PTB suppressed and censored information of these atrocities on US soil by colonists and govt; but, truth cannot be hidden; the fools forgot that immigrants sent home all manner of publications to family what was going on here; moreover, many historians and European publishers sent correspondents to report back for publications overseas. The internet made public to about anyone who looks what once was available for your eyes only hidden in research and college libraries and in some back corner of the Library of Congress and other holes few could access. My bloodlines include black, Indian and European blood of the Jewish poles during Nazi occupation of Poland. Ancestors who did not die during the Warsaw uprising perished in the Polish death camp Treblinka. Ever hear of it? That death camp murdered 1500 MWK's a day at height of operations. A great grandma-ma of my mother's Jewish-Polish line survived to tell her story. She was transported from a Polish mill town province to Treblinka. She was a young girl who worked in the mills as a loomer making thread from goat, sheep or other hair. Angora sweaters are made of this stuff. Her loomed thread was milled into cloth. The Nazis burned her town after killing most of the people. Those not killed were transported to Treblinka in the usual way packed like fish in a can into cattle cars. As she was being shorn of her hair; the barber a Jewish man, said, 'breathe deeply you will suffer less....' He knew she was destined for the gas chambers. Most were lined up at burial pit edge and shot because the chambers were too slow; barber knew destiny of this 'lot' went to the chambers. Fingering shorn hair in her lap, she asked what do they use this hair to do? Barber said, 'make socks and coats for U boat crews....' She absentmindedly said, 'sheep, goat human it's all the same thread.....' The Nazi guard thought they were passing secrets and summoned the commandant. He demanded to know what they were doing. Grandma-ma told him she worked as a loomer in the town Nazis burned down. He jerked her up from the chair, dragged her to a barn where women worked making Nazi clothing, by altering stolen garments from jews before death. Took her to a machine he thought was a loom and said show me!!! She instead walked over to the real loom, picking up a

handful of hair from mountains of it stored in the barn, sat down and began spinning thread. GOLDMINE! Nazis had plenty of clothes stolen from Jews and plenty of seamstresses to alter them to fit German uses but no loomers to make cloth from raw materials of human hair. That saved her life; she said the work was long, hard, rations were better and she did not have to work in the outside weather or in brutal conditions. She was treated better but not very well; they did not beat or shoot her..... It was the Russians who liberated Treblinka not USA. US simply changed historical narrative to be a hero of false valor. Folks back home would never know truth anyway. I was a small child when we first met. She told me in broken polish-yiddish dialect stories I did not understand then, showed me her prisoner tattoo from the camp. Some of her words had to be translated by grandma. Grandma-ma was very emotional often in tears. I could not understand. I was too young to understand then but now the seeds she planted grew into understanding that helps me interpret the weird things going on in my life resulting from ancestral wounds carried forward to me through them. Odd thing about childhood memories; they seem forgotten until one day boink! They resurface just when needed. Pretty much the same things from the rest of my ancestors. A brief encounter then poof, all gone, but they planted the seeds into a fertile child's mind to grow when it is time; I often wonder how did they know? An old wisdom is 'the teacher comes when a student is ready, only the teacher knows when to come never a student.' Then it made sense but why choose me? Great grandma on mom's side told grandma who told mom, I was born under a dark sign; as spirit bearer for my tribe. I would have a rough life of it. Not good news to grandma or my mom. They had plans for me to be a doctor or something.....You know to brag, 'My son the doctor.....shit women do.' Never wanted to be a doc, sniffing bedpans never appealed to me.

It seems when one looks at the abstract of the Jesus myth, he died to heal the world's sins or ancestral wounds, as it were. That is what all of us are here to accomplish as I understand my personal sacred truth. Except we do not heal the world, only our family ancestral wounds. My parents and others seemed to be cruel and mean; this was for a reason I only understood about 5 decades into life. Until then I played victim and resented the abuse like most others do. Life prepares us for trials and tribulations that we will face to toughen us. I read of this ritual in Gabor Mate's book 'Realms of Hungry Ghosts.' In it was a native addict under his care; she was a tribal spirit bearer and recounted the rituals she underwent to toughen for her life tasks. Voof did she have some real doozies. Now days people play the victim card in not realizing the true meaning of the 'abuses' just like I did. We are taught to do that until learning better. These 'abusive' rituals are to break one's childhood innocence before s/he encounters the evil in life. Someone once said to me, 'your parent's were as kind as possible; it would've been much, much worse if someone else had of done that unwelcome chore.' Yep I know that was right because I've encountered those sadistic bastards. The toughening process is to teach one to stay sane and hale basic 101 when facing the evils of real life. People who never come out of their sheltered lives fare badly and fail. Those hard-boiled enough to withstand the toughening do well facing the real bitches in life. Sheltering children from truth about real life is the worst thing any parent can do to a kid. Kinda what military boot camp does in preparing a recruit fresh out of high school for combat: going from chasing girls to

killing people with bombs and guns: **do it right in drill you will do it right in combat. This training will save your young asses.** So do it right in drill do it right in life, too, as a cruel to be kind to make it thing. I have tried suicide by hanging. Something pulled me from that rope to survive it. The message in my head afterwards was: 'stop this non-sense; nobody leaves without owner permission. Finish your tasks then you can leave at your ordained moment.' The caveat I was later to find, if one manages to self-snuff the soul is put on the next soul banana boat into this place to do it again as another lifetime in a different incarnation often much worse than before. **Our time of birth and death are set, that is a fact.** Some slip through the cracks to bypass it for another try. That is reincarnation. If you do your duty there is no reincarnation; experiencing all life on earth is pointless but for one's duty, as aforewritten. My ancestors faced lynchings from about all of my known bloodlines. I feel that was reason for surviving the rope; to heal their wounds. Now they are free. A vision once came to me: 'The free son drive the free; the free drive a free son. The dead never leave here until freed.' A personality thought form is unchanged by physical death of the body, never feed it. You are doing harm to the ghosts of earth. The mysterious burns in odd places are also healing. The Catholics call these wounds stigmata. Some people who have ancestors that were crucified mysteriously, without reason, manifest these spike hole wounds in their feet and hands like Jesus. Some mystery sets them off; like the burns on me; intergenerational trauma was the trigger. Another life trauma, like a blasting cap setting off an explosive, set off my intergenerational trauma and the ill effects that followed. So be careful with this; it can cause you a lot of grief. The church glorifies stigmata phenomena as a holy relic to the church's gain; I think these descendants are healing transgenerational ancestral wounds within their family bloodlines & egregore lineages. Generally a serious shock, trauma, event sets off these ancestral wounds in us. As the final straw that breaks an overloaded wagon. People who used drugs like peyote, ayahuasca, and had spiritual trips of this kind also report 'awakening the serpent' within, which released ancestor wounds sometimes into a total mental breakdown or worse. You see why the toughening ritual is needed? Awakening is a bitch. Charlatans sell flowers, trinkets and bliss as awakening; Dark Night of the Soul awakening is brutal. Some spiritual teachers admint this bitch up front. Adyashanti, Stuart Wilde, Allen Watts, Terrance Mckenna, Timothy Leary and more all told the truth about awakening: it is not for weak of heart or the young. Crossing the Anaconda is what the native South American Tribes ancestor worship calls passing through the veil of death into the other side. They gather to experience this as a ritual; when a person dies they watch the spirit-soul pass over to the other side. The crossing is bliss out of this hell. Mexico still observes 'day of the dead' celebrating this same belief. Christian assimilation has stunted the practice but not eliminated it. The most controversial find ever was a Viking ship of the wooden ship era that contained pagan artifacts on one side of it and christian relics on the other side. Essentially Christianity infiltrates a culture to root out existing beliefs replacing them with their cult like a cancer infects a body destroying healthy cells by assimilating them with sick ones. The process is centuries long. The basic Jesus story is plagiarized from many different religions as a dogma of many parts and covers purloined and edited to suit christian cult ideology and PC of the era. The savior part is, too; it is my belief each of us is as avatar to

remedy our ancestors unhealed wounds that enchain them here, wounds that will enslave us too unless we understand who, what and why we are here at all: to do our duty to them and selves. Ancestor worship is very common throughout world cultures for a reason. Their myths are not myths. There is a core of truth one must find as a pepper flake nested among a pile of fly specks. Seems this place is doing all it can to distract us from the core truths of our spiritual experiences while incarnated as dust ghosts dancing on the winds of a material world of dust. Understand this writing is from my reality 'tunnel' as it were. An ounce of experience is worth a ton of theory and conjecture. All philosophers, gurus, religious gurus and such wrote from their respective reality tunnels in the best way they could; unfortunately anyone not tuned to that remains confused and lacks understanding until their personal sacred truth enlightens each person. Understand this is not a mass event; it is 1x1; I not us. Some refer to it as an existential crisis or dark night of the soul. Kind of like a mistuned radio seeking a clear reception while being jammed against it.

The truth is never hidden but like the black pepper flake nested in a pile of fly specks one has to pick it out notwithstanding all the distractions. To know what is one must know what is not. Experiences are better than a whole library of knowledge. My ancestors knew to pass on to me things that made no sense for decades; one never forgets anything. Their wisdom came when I needed it to grow. Like a dormant seed waits for right conditions to release its life force and seizes a chance to thrive in this world; it is the same for what my ancestors did to me in planting seeds in fertile fields of a child's mind. Really weird stuff has happened in my lifetime; it has been one long repeated dark night of my soul. Seems that accelerated after midlife at about 38. That is when the proverbial shit hit the fan, as it were. Same for Jesus; in abstract is his life; it went pretty smooth until midlife then all hell broke loose into suffering, self-realization, self-knowing of his tasks, death, ascension and why it was necessary to happen that way; to heal humankind of its wounds. The pattern is the same for each of us to know our personal sacred truth. Separate the myth from the man and it's the same for everything here. Socrates said, 'Know thyself'; Plato wrote 'Myth of Er and Allegory of the Cave,' then there was Lazarus who escaped the cave of death and returned to tell the living about it. It is the same old wine in new jugs with each generation. Hey, to you save the earth kiddies, the earth is never-ending. It is a circle without beginning or end of time; only your experience here ends while the earth remains spinning round and round producing old wine in new jugs for next generations of arrivals. The earth is fine, does not need your help and is not going anywhere; it's you arrogant assholes who are leaving!

**NOT ALL VAMPIRES SUCK BLOOD!
THEY DESTROY YOUR LIFE AND SOUL INSTEAD.**

A moralistic human and his deities represent responsibility to the responsible, instead of concern for parasitic entitled, psychic vampires. Many people who walk the earth practice the fine art of making others feel responsible and even indebted to them, without cause. Spiritually

awake persons observe these leeches in their true light. Psychic vampires are individuals who drain others of their vital energy. Hollywood fantasy factories glamorized this with romance, blood ad nauseam; it is real except the drain in life force energy less the gross parts of Hollywood glamour. This type of person can be found in all avenues of society. They fill no useful purpose in our lives, and are neither romantic love objects nor true friends. Yet we feel guilty & responsible to the psychic vampire without knowing why; this generally begins at birth with a psychic vampiric mother and family bloodline, of entitled parasitic heritage. If you think you may be the victim of such a person, there are a few simple rules which will help you form a decision. Is there a person you often call or visit, even though you really don't want to, because you know you will feel guilty if you don't? Or, do you find yourself constantly doing favors for someone who doesn't come forward and ask, but hints? Often the psychic vampire will use reverse psychology, saying: "Oh, I couldn't ask you to do that"—and you, in turn, insist upon doing it. The psychic vampire never demands anything of you. She often coyly compares what other's do for her then gives you an expectant glance to 'measure or man up' followed by a vague or pointed guilt trip while sitting on her pity pot of poor little me. She passive aggressively expects instead of making outright demands. That would be far too presumptuous. She may also send in her flying monkey's to pressure you into her bidding. They simply let their wishes be known in subtle ways which will prevent them from being considered pests. They "wouldn't think of imposing" but passively aggressively do, and are always content and willingly accept their lot, without the slightest complaint—outwardly! But the daggers are many in your back with her poor little me smears of you made secretly in the 'ain't it awful club of sob sister and brother friends,' family, coworkers, etc. Her sins are not of commission, but of omission. It's what they don't say, not what they do say, that makes you feel you must account to them. They are much too crafty to make overt demands upon you, because they know you would dislike it, might figure out she is using you and would have a tangible and legitimate reason for denying them. A large percentage of these people have special "attributes" which make their dependence upon you more feasible and much more effective. Many psychic vampires are invalids or pretend to be mentally, physically or emotionally disturbed victimized underdogs by unfair fate, society, racism, sexism." Others might feign ignorance, learned helplessness or incompetence so you will, out of pity—or more often, exasperation—do things for them as a 'good Samaritan.' A sweet cooing dove when she gets her way and a vicious, biting insect if refused.

The traditional way to banish a demon or elemental is to recognize it, and kick it out. Recognition of these modern-day demons and their methods is the only antidote for their devastating hold over you. When you recognize a curse it automatically returns to the sender!! These types must operate in secrecy, deceit and darkness; your light of recognition exposes their crimes and returns them.

Most people accept these passively-aggressive, vicious individuals at face value only because their insidious maneuvers have never been pointed out to them. Normal decent people do not think like these demented one's do so denial of their actions that someone could be evil

for sake of evil never occurs to the naive, ignorant and innocent. They merely accept these “poor souls” as being less fortunate than themselves, and feel they must help them however they can. It is this misdirected sense of responsibility or unfounded sense of guilt and an ego 'savior' trip which nourishes well the “altruism” upon which these parasites feast! They love sacrificial martyr's on the half-shell, and always expect, demand that people be nicer to them than they are to others. That is evil; using a person's naivete and innocence exploiting the innocent; evil rules by the lie; all tyranny does this. Families rule by this lie because being closer they can exploit other vulnerable members with impunity of fake 'family' 'love' and 'trust.' Nothing could be further from truth and fact. She uses the person's trust against him while serving her advantage. Ie: the sister who lies to a brother in a distant land to save her from what she claims is an abusive marriage. Send emergency money and tickets for her to visit him. He has not idea of what goes on at her end until after she shows up with baggage and entitlement privilege. He is puzzled why other family members who lived near to her did not help only to find that she was running and dumping her obligations after exploiting those she left behind to escape onus and consequences; claiming 'victimhood' to exploit her brother's ignorance for gain, same as those she used, abused and abandoned. Dump and run is her method of using people for her sole benefit while turning their goodness against those who helped her.

The psychic vampire is allowed to exist because she cleverly chooses conscientious, kind, responsible, vulnerable, naive, trusting, people for her victims—people with great dedication to their “moral obligations.”

In some cases we are vampirized by groups of people, as well as individuals. Every fund raising organization, be it a charitable foundation, community council, religious or fraternal association, etc., carefully selects a person who is adept at making others feel guilty for its chairman or coordinator. It is the job of this chairman to intimidate us into opening first our hearts, and then our wallets, to the recipient of their “good will”— never mentioning that, in many cases, their time is not unselfishly donated, but that they are well rewarded a fat salary and perks for their “noble deeds.” They are masters at playing upon the guilt, sympathy and consideration of responsible people. How often we see little children who have been sent forth by these self-righteous whores pimped by charities or religious cults to painlessly extract donations from the kindly. Who can resist the innocent charm of a child pitching for donations to help christian childrens fund? Tracy Ullman long ago did a skit named 'Charity Pays' that exposed the evil behind tax exempt charity. Charity begins at home, always. Charity always keeps three sets of books; one for the taxman, one for the donating public and one that shows real assets and profits all untaxed of course. Religions & charities are expert at this wholesale robbery. Taxpayer burdens would be much lighter if we did not support so many special exemptions masked as benefiting the poor, children, abused women and more. Mostly this stuff is a straw front by govt exploiters that never actually give much in the way of benefit to the needy. Less to them means more pocked to to profiteers running the show. VA is a good example. Only a nickle of every five dollars gets to vets, the rest goes into political, VSO and

employee pockets as pork, perks, graft, etc. Taxpayers and vets get skinned while the crooks get rich. Vets, taxpayers get poorer while vampiric looterism grows fat and rich. Propaganda machine keeps most people clueless drowning in their lies.

There are, of course, people who are not happy unless they are giving, but many of us do not fit into this category. Unfortunately, we are often put upon to do things we do not genuinely feel should be required of us, and suffer consequences. A conscientious person finds it very difficult to decide between voluntary and imposed, self righteous, charity. He wants to do what is right and just, and finds it perplexing trying to decide exactly who he should help and what degree of aid should rightfully be expected of him. A man once told me never help anyone unless asked; then be sure it is help not an entitlement hand out. Help and charity begins with you for you. Pay self first.

Each person must decide for himself what his obligations are to his respective friends, family, and community. Aforementioned sister who betrayed her brother's trust has exploited people and government her whole life to make a living. It rewards her profitably. As a single welfare mom, she has a masters degree compliments of the US taxpayer; refuses to work and lives off disability as a useless eater contributing nothing to her keep except a pity pot of poor little victim me swindling benefits from Uncle Sam's taxpayers. She does well making a living of the taxpayer supported, leftist welfare state.

Anyone donating his time and money to those outside self-care, his immediate family and close circle of friends, he must decide what he can afford, without self-sacrifice and decide if donating is really necessary. When taking these things into consideration he must be certain to include himself among those who mean most to him. He must carefully evaluate the validity of the request and the personality or motives of the person asking it of him. It is extremely difficult for a person to learn to say “no” when all his life he has said “yes” as a people pleaser. But unless he wants to be constantly taken advantage of, he must learn to say “no” when circumstances justify doing so. If you allow them, psychic vampires will gradually infiltrate your everyday life until you have no resources, sanity or privacy left—and your constant feeling of guilty concern for them will deplete you of all ambition and self respect. A psychic vampire will always select a person who is relatively content, doing well and satisfied with his life—a winner—to feed upon. Losers prey upon, feed upon and destroy winners when give the chance. The very fact that the psychic vampire chooses to victimize a happy person shows that she is lacking all the things her victim has; out of spite, hate, misandry, jealousy she will do everything possible to stir up trouble and disharmony between her victim and those people he holds dear to isolate him from support and out of fear that they may see through her and reveal her as the vicious phony out to destroy a winner to elevate self by standing on his body.

Therefore, be wary of anyone who seems to have no real friends and no apparent interest in life except exploiting and destroying you. she is seductive and selective in her choice of friends, or doesn't make friends or abuses, misuses them; people eventually see through her to

leave or chase her away. She is a taker not giver; a hater not a lover. To acquire and keep friends, one must be willing to be one, something of which the psychic vampire is incapable. They only know to deceive, disarm, bite, bleed her victim to destruction. But she will love bomb and stroke your ego with fake love that you fulfill her every requirement and are truly an outstanding exception among men—you are one of the very few worthy of her friendship and honor that she choose you to share her 'love life.'

Lest you confuse desperate, rebound, love which is a very selfish thing with psychic vampirism, the vast difference between the two must be clarified. The only way to determine if you are being vampirized is to weigh what you give the person compared to what they return. Look at her history; is it a graveyard of disastrous failed relationships of secrets, lies, scapegoating & blaming? Is she looking for the next sucker to exploit and damn for all her problems?

You may, at times, become annoyed with the obligations put upon you by a loved one, a close friend, or even an employer. But before you label them psychic vampires, you must ask yourself, “What am I getting in return?” If your spouse or lover insists that you call or text them frequently, but you also require them to account to you for their time spent away from you, you must realize this is a give and take situation; if she narcissistically isolates you from others, bullies, is emotionally abusive, run away fast and don't look back. So much exists today freely available about such abuse it's unbelievable; there is no reason for ignorance about abusive, emotional vampires. However, if a friend is in the habit of calling upon you for help at inopportune moments, but you similarly depend upon them to give your immediate needs priority, you must regard it as a fair exchange. If your employer asks you to do a little more than is normally expected of you in your particular position, but will overlook occasional tardiness or will give you time off when you need it, you certainly have no cause for complaint and need not feel he is taking advantage of you. Give and take reciprocity is the message here!!

You are, however, being vampirized if you are incessantly called upon or expected to do favors for someone who, when you need a favor, always happens to have other “pressing obligations.” Many psychic vampires will give you material things for the express purpose of making you feel you owe them something in return, thereby binding you to them. The difference between your giving, and theirs, is that your return payment must come in a non-material form. They want you to feel obligated to them, and would be very disappointed and even resentful if you attempted to repay them with material objects. In essence, you have “sold your soul” to them, and they’ll constantly remind you of your duty to them, by not reminding you.

The only way to deal with a psychic vampire is to “play dumb” and act as though they are genuinely altruistic and really expect nothing in return. Teach them a lesson by graciously taking what they give you, thanking them loudly enough for all to hear, and walking away! In this way you come out the victor. What can they say? And when you are inevitably expected to

repay their “generosity,” (this is the hard part!) you say “NO” or be unavailable—but again, graciously! When they feel you falling from their clutches two things will happen. First, they will act “crushed,” hoping your old feeling of duty, love and sympathy will return, and when (and if) it doesn’t, they will show their true colors and will become spiteful, hateful, angry and vindictive.

Once you have moved them to this point, YOU can play the role of an injured party. After all, you’ve done nothing wrong—you just happened to have had “pressing obligations” when they needed you, and since nothing was expected in return for their gifts, there should be no hard feelings.

Generally, the psychic vampire will realize her methods have been discovered and will not press the issue too much but do expect gaslighting, guilt, shame trips as parting cheap shots. She will not continue to waste her time on you, but will move on to the next unsuspecting victim and man to scapegoat in seeking sympathy from her next victim for all the troubles in her sad sack life.

There are times, however, when the psychic vampire will not release her hold so easily, and will do everything possible to torment you. They have plenty of time for this because, when once rejected, they will neglect all else, what little else they have that is, to devote their every waking moment to planning the revenge to which they feel they are **entitled for losing the one who got away**. For this reason, it is best to avoid a relationship with this kind of person in the first place. Their “adulation” and dependence upon you may, at first, be very flattering, and their material gifts and attention very flattering, but you will eventually find yourself paying a steep price for your ego trip. A popping Jenny is the worst; she will fail at her next tryst then return to you seeking sympathy and charity for old times sake in hopes you are weak with dim memory of past issues. Never have sex with her!! That is just a foolish way to return to yesterday's fantasy that cause so much grief from onset. Be wary of any old or new 'love' in a hurry to commit, marry or get into your bedroom affairs seriously. Sperm jacking and lifetime paternity suits are real in today's zeitgeist. Does a blind pissed-off bull raging in a china closet mean anything to you, dude? Visit MGTOW and MRM sites, read books, posts and such by other men and understand the misery that awaits a foolish nostalgic moment sleeping with the enemy. Long ago there were men only sects un-corrupted by women. There was a meaning to their madness. Only the strong survived as Gnostic orders of monks that maintained their purity like some religious orders still do. Don’t waste your time with people who will ultimately destroy you, but concentrate instead on those who will in gratitude & appreciate your responsibility to them, and, likewise, reciprocate onus and being responsible to you. And if you are a psychic vampire—take heed! Beware power of the emancipated slave—who often evolves as the abusive slave owner's master!